

Recovering Together: A Community Partnership to Support Families Recovering Opioid Use Disorder

Lisa M. Cleveland PhD, APRN, CPNP, IBCLC, FAAN

Associate Professor of Nursing, UT Health San Antonio



UT Health
San Antonio

Session Objectives

- **Discuss the formation of multi-sector community partnerships to improve outcomes for families recovering from opioid use disorder**
- **Describe the essential components of successful multi-sector community partnerships**
- **Share examples of “lessons learned” from our multi-sector community partnerships**

Bexar County

- **Highest rate of NAS in the state**
 - 1/3 of cases
 - 300-400 families impacted
- **Lengthy/costly hospital stay**
 - \$53,000+ compared to \$9500
- **Community response**
 - Program development-Mommies Program
 - Toolkit and statewide trainings
 - In-Patient residential treatment facility
 - NAS Symposium-
 - *UT Health SON*
 - Research
 - Program development

*The Mommies Toolkit: Improving
Outcomes for Families Impacted by
Neonatal Abstinence Syndrome*



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Written by:

Lisa Cleveland PhD, RN, PNP-BC, IBCLC

Kathy Paradise M.A., LPC

Courtney Borsuk MS

Briseida Courtois MSSW, LCDC

Lisa Ramirez M.A., LCDC

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1100 West 49th Street, Austin, TX 78756

DSHS Mommies Toolkit

DSHS Funded Research

- Kangaroo mother care study
- Maternal-Infant Interaction, Stress, & Attunement (MIISA) Study
- Maternal Opioid Morbidity Study



Bexar County NAS Collaborative

- To improve the well-being of families impacted by NAS through education, research, practice, social equity, and community engagement
 - Focus on outcomes that matter to families
 - Partnership between researchers, clinicians, community stakeholders and families we serve
 - *Community Conversations*



Patient Centered Outcomes
Research Institute (PCORI)

Our Partners

KeepingFamiliesTogether.org



UT Health San Antonio, School of Nursing
Department of Family Protective Services
TX Health & Human Services Commission
TX Department of State Health Services

Crosspoint
The Doctors for Social Responsibility
New Season

San Antonio Council on Alcohol and Drug
Awareness
UT Health San Antonio, School of Medicine



Metro Health
University Health System
Baptist Health System
Methodist Health System
South West General
MedMark Treatment Centers

Our parent/family partners: Yolanda, Vaeh & Andrew
3rd, Candace & McKayla; Aaron, Emily, Mia & Aaron
Jr.; Donna & Moses; Sophia & Leland; Misty



Children's Hospital of San Antonio
Alpha Home
The Center for Health Care Services
San Antonio Fire Department
The Office of Judge Nelson Wolff
The Office of Representative Ina Minjarez
The Office of Councilwoman Shirley Gonzales

Women as Caregivers



- Few women who are caregivers seek treatment
 - Stigma
 - Fear
- 70% of women entering treatment have children
 - Few treatment facilities offer beds for women and children
- Women who stay with children during treatment, are more likely to complete treatment and remain in long-term recovery
 - When children are present in recovery housing, everyone benefits

Casa Mia: Recovery Residence for Women & Children



- Women are accessing intensive, outpatient treatment; 20 residents
- All paths to recovery including Medication Assisted Recovery
- Crosspoint provides recovery expertise and 24 hour staffing
- The School of Nursing is offering primary care, women's health, and nutrition services
- Part-time maternal-newborn nurse and dietician
- Undergrad. population health students provide education



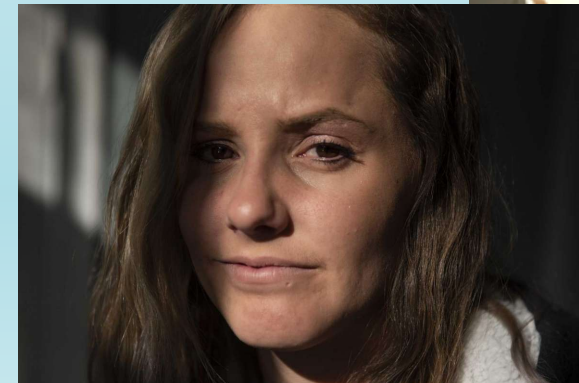
Historic home in downtown San Antonio

Funding from TX HHSC, the Baptist Foundation, the Sisters of the Holy Spirit



Casa Mia: Recovery Residence for Women & Children

- Focus on education completion, gainful employment, and stable, housing



[KENS 5](#)

San Antonio Women's Wellness Campus

- Coming soon...
- One campus-multiple women's programs
 - Casa Mia
 - Primary care center
 - *UT Health SON*
 - Newborn withdrawal nursing care facility
 - Jail diversion
 - Esperanza court
 - ...



Collective Impact

Improvement of OUD treatment and outcomes at community, state, and national level

- State policy
Rep. Ina Minjarez's HB405
- National policy
Academy of Nursing, AWHONN, AIM Opioid Bundle
- SA to DC trip February 2020



American Academy of Nursing Releases Policy Brief on Pregnant and Parenting Women with a Substance Use Disorder

Nursing Recommendations for Enduring Therapeutic Practice

Washington, D.C. (April 8, 2019) — The American Academy of Nursing (the Academy) today released its policy brief calling for an end to criminal prosecution and punitive civil actions against pregnant and parenting women based solely on their substance use in favor of a public health response.

At the forefront of the national stage for the past several years, the opioid epidemic has expanded the public's awareness of substance use disorders (SUDs) and treatments for all Americans in this public health emergency. For pregnant women with SUDs however, punitive actions in place of a public health response have resulted in criminal charges, arrests, and incarceration for these women. This has reinforced a culture of fear and barriers to essential health services. Early entry into maternity care plays a vital role in long-term health and social outcomes. Recovery-oriented public health responses are urgently needed to shift the culture of punishment to one of enduring therapeutic intent for women and their infants, children, and families affected by SUDs.

"Through this timely brief, the Academy is helping to shape the conversation around providing care to pregnant and parenting women and reducing the stigma of SUDs in the age of the opioid epidemic," said Academy President Karen Cox, PhD, RN, FACHE, FAAN. "One of the Academy's policy priorities is to advance health equity and champion wellness. To do this, providers must incorporate multi-disciplinary, culturally- and trauma-responsive models of care.

The Academy's policy brief, "Pregnant and Parenting Women with a Substance Use Disorder: Actions and Policy for Enduring Therapeutic Practice," was published in the March/April 2019 issue of the Academy's journal, *Nursing Outlook*.

The Academy puts forth recommendations at the federal, state, and provider level. At the federal level, the Academy recommends increased funding for the Substance Abuse Mental Health Services Administration (SAMHSA); increased dissemination of SAMHSA's Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorders; the advancement of ongoing training and technical assistance to ensure cultural competence and sensitivity in SUD treatment; and the collection of comprehensive data on maternal deaths due to overdose by the Centers for Disease Control. At the state level, the Academy recommends increased funding and the integration of services related to community-based treatment for women, their children, and families affected by substance use. Finally, the Academy recommends strategies for nursing leadership to safeguard accurate and comprehensive clinical assessment and provider practice consistent with a therapeutic health justice approach.



Questions/Discussion