

“Hospital Perspective” of Mothers with SUD

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Baptist Medical Center

- Downtown San Antonio
- Bexar County ~ 30% of NAS in Texas
- ~ 1200 deliveries/ year
- 22 bed Level 2 NICU
- Admits ~ 50-60 babies with NAS/year
- NAS Center of Excellence (VON)

Labor & Delivery

- No Prenatal Care
- Polydrug Use
- Incarcerations
- Comorbidities
- Inaccurate/ Inconsistent History
- STDs/ Hepatitis C
- Skin infections
- Inadequate Pain Control

NICU

- ~ 50% with NAS
- Non-Pharmacological Methods
- Morphine (plus Phenobarbital or Clonidine if needed)
- Feeding Difficulties
- Utilize "Cuddlers"
- Average LOS 21 days
- Average Cost of Hospitalization \$ 32,000
- ~ 15-20% need Foster Placement

Important Points

- Compassionate, Nonjudgmental, Trauma Informed Care
- See Pregnancy and Postpartum Periods as unique window
- Engage/ Empower parental involvement in baby's care
- Standardized Policies for Management needed in L&D, PP, and NICU
- Coordination of care to Outpatient setting
- Multidisciplinary Team approach